

LONGEVITY GSTAAD

By Aesthetics clinic



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GSTAAD
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Aesthetics Clinic

AestheticsClinic offers upscale, customized treatments in collaboration with top Swiss FMH specialists, ensuring exceptional care backed by over 15 years of expertise. In a modern and relaxed atmosphere, our team of professionals provides high-level medical expertise, offering personalized and diverse solutions to all your aesthetic concerns. Equipped with state-of-the-art technology, Aesthetics Clinic stands out for its cutting-edge innovation, Swiss quality, commitment to safety, and exceptional care.

Your satisfaction is our priority.



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BOTOX TREATMENT

Botox (botulinum toxin) is a popular cosmetic treatment that temporarily smooths fine lines and wrinkles by relaxing underlying muscles. This non-surgical procedure involves small injections into areas like the forehead, eyelids, and glabella (the space between the eyebrows). The effects last 3 to 4 months with minimal downtime. Botox is also used to treat medical issues like chronic migraines, excessive sweating, and muscle spasms.



FILLERS

Dermal fillers are cosmetic treatments used to restore volume, smooth wrinkles, and enhance facial contours. The procedure is minimally invasive, with results that can last several months to over a year. Fillers are commonly applied to areas such as the lips, cheeks, and under-eye hollows for a rejuvenated and youthful appearance.



MEDICAL PEELING

Medical peeling is a professional skin renewal treatment that removes dead skin cells, improves skin texture, and stimulates collagen production. It helps reduce fine lines, acne scars, pigmentation, and signs of aging while leaving the skin brighter, smoother, and more even in tone. Suitable for face, neck, décolleté, and hands, medical peels are customized based on your skin's condition and desired results.



SKIN BOOSTER

Skinboosters are innovative dermal treatments designed to deeply hydrate and rejuvenate the skin from within. They use microinjections of hyaluronic acid to improve skin texture, elasticity, and overall radiance. Ideal for a natural glow, skinboosters are suitable for the face, neck, hands, and décolleté.



PRP – FACE or HAIR

The Platelet Rich Plasma is a very powerful skin booster. It aims to induce skin restoration by dermal stimulation through the injection of patient's own plasma rich in platelet growth factors. In addition to skin restoration, PRP is used to prevent hair loss (alopecia and moderate baldness) and to treat keloid scars, stretch marks and the treatment of dark circles around the eyes.

- 1 session: CHF 950
- 3 sessions: CHF 2000



EXOSOMES – FACE or HAIR

Exosome therapy uses cutting-edge cell-signaling technology to stimulate regeneration and repair. When applied to the skin or scalp, exosomes help improve vascularity, texture, and overall tissue health. This treatment is ideal for boosting collagen production, reducing inflammation, enhancing glow, and promoting hair follicle revitalization in cases of thinning hair or scalp damage.

- Price: CHF 850
- 3 sessions: CHF 2100



POLYNUCLEOTIDES – FACE or HAIR

Polynucleotides are powerful, DNA-derived molecules that promote deep hydration, stimulate collagen production, and improve cell regeneration. Ideal for tired, dull, or thinning skin and scalp, this treatment enhances elasticity, reduces fine lines, and restores a youthful appearance. For hair, it supports follicle health and scalp renewal.

- Price: CHF 850
- 3 sessions: CHF 2100

REGENERATIVE TREATMENTS



FOTONA VASCULAR LASER

A highly effective laser treatment designed to reduce visible blood vessels, redness, and vascular imperfections on the face and body. It gently targets and closes small veins, leaving the skin clearer and more even-toned with minimal downtime. Ideal for rosacea, scars and spider veins.

● Price: CHF 500



EMS SCULPT

A non-invasive body contouring technology that uses high-intensity electromagnetic energy to build muscle and reduce fat simultaneously. Perfect for sculpting areas like the abdomen, arms, and thighs with no recovery time. Visible improvement typically appears after just a few sessions.

● Price: CHF 500



HIFU (High-Intensity Focused Ultrasound)

A powerful lifting and tightening treatment that stimulates the production of collagen deep within the skin. HIFU helps to firm sagging skin, define facial contours, and smooth fine lines—all without surgery or downtime. Ideal for face, neck, and jawline rejuvenation.

● Price: CHF 2000



CRYOLIPOLYSIS

A non-invasive fat reduction treatment that uses controlled cooling to target and eliminate stubborn fat cells without damaging the skin. Ideal for areas like the abdomen and thighs. Cryolipolysis gradually reduces fat deposits with no surgery and minimal downtime.

● Price: CHF 600/ per zone



MEDICAL CHECK-UP

The bloodtest results will reveal the patient's metabolic condition, as well as the levels of toxic metals and other harmful substances (including hormonal, nutritional, detoxification, and revitalization factors). Based on these results, a personalized treatment plan will be proposed, which will begin immediately and be monitored over the next few months. A full written report will be provided.

The medical check-up allows the following precise steps:

- Measuring the hormonal status and correct any imbalance.
- Measure the individual metabolism.
- Measure the level of toxic heavy metals in the body
- Measure the patient's medical condition and detect eventual undiagnosed disease.



STEM CELLS BANKING AND THERAPY

Stem cells can be harvested from the patient's fat using a minor surgical procedure (liposuction). The Swiss Stem Cell Foundation in Zurich separates the cells from the adipose tissue. The purified cells can then be preserved by freezing for up to 30 years. Use of stem cells: We believe that this is the future of medicine. We can store stem cells in a bank and use them in the future if necessary. For example, in the case of cancer, fresh cells could be used with the help of tissue engineering (a laboratory specialising in stimulating cells in a new lineage) to treat and recreate tissues and organs.



DETOX TREATMENT

The Detox Treatment is a personalized therapy involving intravenous infusions, with antioxidants delivered in one or more sessions. This effective treatment will detoxify the body, preparing it for the next phase.



DOCTORS CONSULTATIONS

Personalized medical consultations with our team of experienced doctors. Whether you are seeking guidance in family medicine, support with nutrition and longevity, or exploring options in plastic and aesthetic surgery, our experts are here to provide clear, evidence-based advice tailored to your needs and goals. Consultations are conducted in a discreet and professional setting, with a focus on prevention, wellness, and long-term results.



OLIGOCHECK

A rapid, non-invasive diagnostic test that measures vitamin, mineral, and heavy metal levels in your body. Performed via a simple scan of the palm, Oligocheck provides immediate insights into nutritional imbalances, oxidative stress, and potential toxic metal exposure. Ideal for clients looking to optimize health, improve energy levels, or personalize supplementation plans based on real-time data.

IV DRIPS IV treatment involves delivering fluids, vitamins, minerals, or nutrients directly into your bloodstream. This method allows for the rapid absorption of nutrients at higher doses. It is commonly used to boost the immune system, aid in hangover recovery, and for detoxification and revitalization. The treatment is personalized based on the patient's needs.

The Myers Cocktail:

Is a time-tested blend of essential vitamins and minerals designed to restore energy, support the immune system, and aid recovery from fatigue, travel, or stress.

Immune Booster:

Containing high doses of vitamin C and other immune-boosting nutrients can help strengthen the immune system and provide vitality.

DETOX:

A potent antioxidant blend to support liver detox and cellular renewal.

Hydration:

A combination of fluids, electrolytes, vitamins and minerals are used especially in cases of severe dehydration or when oral intake is not possible.

NAD+ IV Therapy

IA powerful cellular infusion that supports mitochondrial health, boosts energy, enhances cognitive clarity, and slows down biological aging. Ideal for fatigue, stress recovery, and performance optimization.



SINGLE IV INFUSIONS



ANTI-FATIGUE

Recharge and revitalize with a targeted infusion designed to fight chronic exhaustion and cellular fatigue.

Ingredients:

- B-Complex Vitamins • Amino Acids • NAD+ 250mg • Glutathione

● Duration: 60–90 min ● Price: CHF 850



DETOX+

A potent antioxidant blend to support liver detox and cellular renewal.

Ingredients:

- NAD+ 500mg • Glutathione

● Duration: 60–90 min ● Price: CHF 850



BOOST EXPRESS

Ideal for those on the go. A fast-acting pick-me-up to restore clarity and stamina.

Ingredients:

- NAD+ 125mg • Glutathione

● Duration: 30–45 min ● Price: CHF 550



FAT BURNER

Formulated to enhance metabolism and target stubborn fat zones

Ingredients:

- L-Carnitine • L-Taurine • NAD+ 125mg • Glutathione

● Duration: 60–90 min ● Price: CHF 850



IMMUNE BOOST+

Strengthen your immune system and reduce oxidative stress — perfect pre-travel or post- illness

Ingredients:

- B-Complex Vitamins • Vitamin C • NAD+ 250mg • Glutathione

● Duration: 60–90 min ● Price: CHF 900



BLUE ANTI-FOG

For mental clarity and cognitive performance — ideal during jet lag or high-altitude stays

Ingredients:

- Methylene Blue (0.5–1 mg/kg) • NAD+ 250mg

● Duration: 60–90 min ● Price: CHF 900



MYERS COCKTAIL

A timeless classic for post-effort recovery and immune support.

Ingredients:

- B-Complex Vitamins • Vitamin C • Magnesium • Glutathione
- Calcium • Zinc

● Duration: 60–90 min ● Price: CHF 900



HANGOVER CURE

A combination of fluids, electrolytes, and vitamins can help alleviate the symptoms of a hangover by rehydrating the body and replenishing essential nutrients.

● Duration: 30 min ● Price: CHF 530

LONGEVITY PROGRAMMES



NAD+ PROGRAMME

Deep mitochondrial reset and anti-aging boost.

- Includes: 5 sessions of NAD+ 250mg (1–2/week)
- Price: CHF 2800



SKIN BRIGHTENING & HAIR BEAUTY PROGRAMME

Restore glow and strength from within.

- Includes: 5 sessions (B-Complex, Vitamin C, Glutathione, Zinc) VISIA Skin Analysis
- Price: CHF 3400



LIFESTYLE DETOX PROGRAMME Intensive cellular

Deep mitochondrial reset and anti-aging boost.

- Includes: 5 sessions of NAD+ 500mg & Glutathione
- Price: CHF 3400



FAT BURNER PROGRAMME

Fat reduction support with medical supervision.

- Includes: 5 sessions (L-Carnitine, L-Taurine, NAD+ 125mg, Glutathione) Nutritional medical follow-up
- Price: CHF 3400



IMMUNE BOOST PROGRAMME

Immune resilience at cellular level.

- 3 sessions (B-Complex, Vitamin C, Glutathione, Myers Cocktail, NAD+ 250mg)
- Price: CHF 3000



PLASTIC SURGERY

COSMETIC SURGERY

- Microliposuction of a small area (e.g., neck, chin)
- Microliposuction of a large area (e.g., abdomen, saddlebags, thighs)
- Fat transfer (liposculpture)
- Stem cells banking

BREAST

- Breast augmentation with implants
- Breast reduction
- Breast mini lift
- Breast lift

FACE

- Minifacelift
- Forehead lift
- Cervicofacial lift
- Rhinoplasty
- Otoplasty
- Correction of lower eyelids

TUMMY

- Treatment of stretchmarks by mini-abdominoplasty
- Abdominoplasty (tummy tuck)

OTHER PARTS OF THE BODY

- Inner arm lift
- Inner thigh lift with liposuction
- Gluteal enhancement



PRICE LIST

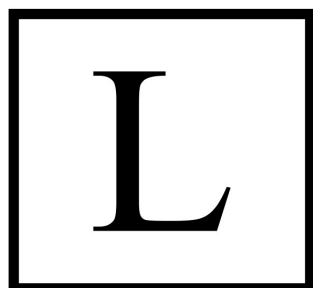
Botox fullface	950
Baby botox	590
Botox bruxism	790
Botox gummy smile	690
Botox hands, armpits	1800
Hyaluronic acid 1 syringe	950
HarmonyCa 1 syringe	950
Liquid rhinoplasty with hyaluronic acid	3000
Dark circles correction with hyaluronic acid	2000
Soft lift	8000
Thread lift	Up on request
Profilo face 1 syringe	950
Profilo body per area two session	1800
PRP 1 area	800
Skin booster	950
Peeling for fine lines and radiance	450
Peeling for dark spots and uneven complexion	450
Exosomes	850

IV DRIPS

Hydration	500
Hangover cure	530
Immune booster	530
Detox	600
Post surgery	600
Hair revitalisation	530
NAD+	700
The Myers Cocktail	900
The Blue Anti-Fog	900
Intramuscular vitamin injections	400

LIFE STYLE MEDICINE

Complete blood and urinary screening (heavy metals, hormonal status, vitamins, minerals)	2200
Nutrigenetics basic saliva test	4300
Nutrigenetics extended saliva test	5000
Stem cells therapy	20000
Medical consultation	200
Oligocheck	200



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GENEVA RHONE

17 rue du Rhone, 3rd floor, 1204
Geneva Tel: +41 22 732 22 23

GSTAAD

Tel. +41 79 196 98 69

GENEVA CHAMPEL

Chemin Rieu 18, 1208 Geneva
Tel. +41 22 732 22 23

MONTREUX

Av. Claude-Nobs 2, 1820 Montreux
Tel.+41 79 908 98 98